

START HERE

Your own evidence desk.

The practical outcome is a measured garden record or a traced source note, saved in a folder you control.

A 15-minute first session

Minutes 1-3: choose one plant measurement or one source claim. Minutes 4-8: capture the real observation or the exact result location. Minutes 9-12: write the unit, method, context and strongest limit. Minutes 13-15: export JSON from the notebook and confirm the backup exists.

Choose one route

Garden route: use [Garden-Records-Workbook.pdf](#) or [Tools/Evidence-Notebook.html](#). Research route: read chapters 4-11, open [Research/Study-Context-Sheets.pdf](#), then save one source-linked note in the notebook.

Use the free calculator

[Tools/Jasmonate-Calculator.html](#) is the same free comparison calculator offered at [jasmonate.com](#). It describes arithmetic; it does not predict a crop response. The paid kit adds the original guide, reusable workbook, local notebook and organized source-reading materials.

One notebook and one backup format

The Evidence Notebook stores your records locally where supported. JSON is the restorable backup. CSV is a readable spreadsheet copy. The version 2 backup format is retained for compatibility with the October 3 notebook; edition 3.0 describes this package, not a new JSON format.

Source coverage

The source atlas contains 21 reading entries with varied review depth. Four study contexts support three fixed numerical comparisons. This is a curated teaching selection, not a systematic review or validated prediction model.

CHAPTER 09

Read the tomato result carefully

One striking number makes a useful exercise in scope.

Baek et al. (2021) reported harvested yield means of 4.64 and 5.63 kg per plant for the control and MeJA groups in a Kumato tomato greenhouse experiment. The calculated relative difference is approximately +21.34%. The authors report statistical significance at $p < 0.05$. The extracted sample statement is 24 plants per group.

These values describe that experiment. The extraction does not include yield SD or SE, and the paper does not provide a validated prediction for a different cultivar, season or home garden. The source location is Results 3.1 and Figure 1. Use the DOI link in the source sheets to inspect the original methods.

Practice writing a sentence with three parts: the observation, its setting and its limit. Keep the positive result visible, but do not turn it into a personal forecast. You can learn from an encouraging observation without pretending you know what it would do in your own container.

TRY IT

Write a two-sentence explanation of the +21.34% value for a friend who has not read the study.

Worked example

In one Kumato greenhouse study, the treatment group had a higher harvested-yield mean. That comparison does not predict what a different home planting will produce.

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